

TIME TRIAL RESULTS 2008

DECEMBER

NAME		RUNNING TIME	TARGET TIME	IMPROVEMENT	POINTS
		hr:min:sec	hr:min:sec	seconds	
RICHARD	TURRELL	00:25:32	00:26:31	59	30
PHIL	GILLINGHAM	00:24:24	00:24:07	-17	29
ANDREW	RITCHIE	00:20:33	00:20:13	-20	28
SHONA	KAY	00:27:33	00:26:56	-37	27
JOHN	CORPE	00:18:13	00:17:17	-56	26
LAWRENCE	YEOMANS	00:20:28	00:19:31	-57	25
PATRICK	RILEY	00:19:12	00:18:05	-67	24
PAUL	THOMAS	00:20:43	00:19:30	-73	23
LORRAINE	AMOS	00:24:11	00:22:37	-94	22
GARETH	STUBBS	00:19:55	00:18:17	-98	21
CLIFF	CARTWRIGHT	00:23:53	00:21:55	-118	20
CHRIS	COX	00:24:57	00:22:38	-139	19

JANUARY

NAME		RUNNING TIME	TARGET TIME	IMPROVEMENT	POINTS
		hr:min:sec	hr:min:sec	seconds	
RICHARD	TURRELL	00:25:26	00:25:32	6	30
NEIL	ADAMS	00:21:44	00:21:22	-22	29
EMMA	GAFFNEY	00:24:20	00:23:39	-41	28
NIGEL	DOBBS	00:19:14	00:18:20	-54	27
ALAN	PRITCHARD	00:23:28	00:22:29	-59	26
JON	WOLFE	00:19:40	00:18:41	-59	26
GARETH	STUBBS	00:19:51	00:18:17	-94	24
SARAH	BROWN	00:26:54	00:25:15	-99	23
TIM	THACKER	00:24:03	00:22:21	-102	22
JON	MARSHALL	00:21:06	00:19:08	-118	21
PAUL	THOMAS	00:22:00	00:19:30	-150	20
GUY	STEPHENSON	00:23:04	00:16:55	-369	19
NICKY	FELLOWS	00:23:04	00:16:55	-369	19
KAREN	STEPHENSON	00:24:01	00:16:55	-426	17
JON	FISH	00:19:19	GUEST	RUNNER	0
ANDREW	COOPER	00:23:34	GUEST	RUNNER	0

TIME TRIAL RESULTS 2008

FEBRUARY					
NAME		RUNNING TIME	TARGET TIME	IMPROVEMENT	POINTS
		hr:min:sec	hr:min:sec	seconds	
TIM	THACKER	00:23:18	00:24:03	45	30
ANDREW	RITCHIE	00:19:41	00:20:13	32	29
RICHARD	TURRELL	00:25:07	00:25:26	19	28
JON	MARSHALL	00:18:51	00:19:08	17	27
NICKY	FELLOWS	00:22:29	00:21:31	-58	26
GUY	STEPHENSON	00:22:40	00:21:31	-69	25
PAUL	KEIGHLEY	00:21:32	00:20:13	-79	24
JOHN	CORPE	00:18:58	00:17:24	-94	23
PAUL	THOMAS	00:21:22	00:19:30	-112	22
CHRIS	COX	00:25:08	00:22:38	-150	21
LORRAINE	AMOS	00:25:26	00:22:37	-169	20
JOHN	DOYLE	00:19:00	GUEST	RUNNER	0

MARCH

NAME		RUNNING TIME	TARGET TIME	IMPROVEMENT	POINTS
		hr:min:sec	hr:min:sec	seconds	
NICKY	FELLOWS	00:21:47	00:22:29	42	30
JON	FISH	00:18:11	00:18:43	32	29
EMMANUEL	BROUTIN	00:21:15	00:21:44	29	28
JOHN	DOYLE	00:18:34	00:18:28	-6	27
RICHARD	TURRELL	00:25:39	00:25:07	-32	26
CLIFF	CARTWRIGHT	00:22:35	00:21:55	-40	25
JOHN	CORPE	00:18:05	00:17:24	-41	24
JON	WOLFE	00:19:36	00:18:41	-55	23
ANDY	WALSH	00:20:23	00:19:22	-61	22
LORRAINE	AMOS	00:23:41	00:22:37	-64	21
PAUL	KEIGHLEY	00:21:25	00:20:13	-72	20
GARETH	STUBBS	00:20:19	00:18:17	-122	19
AGNES	KRUPPA	00:24:37	00:22:28	-129	18
CHRIS	COX	00:25:38	00:22:38	-180	17

TIME TRIAL RESULTS 2008

APRIL

NAME		RUNNING TIME	TARGET TIME	IMPROVEMENT	POINTS
		hr:min:sec	hr:min:sec	seconds	
MARTIN	SHORTALL	00:20:25.0	00:21:42.0	77.0	30
ANDY	WALSH	00:19:39.0	00:20:12.0	33.0	29
RICHARD	TURRELL	00:24:41.0	00:25:07.0	26.0	28
NICKY	FELLOWS	00:21:23.0	00:21:47.0	24.0	27
JON	FISH	00:17:58.0	00:18:11.0	13.0	26
CLIFF	CARTWRIGHT	00:21:43.0	00:21:55.0	12.0	25
TIM	THACKER	00:23:14.0	00:23:18.0	4.0	24
NIGEL	DOBBS	00:18:17.0	00:18:20.0	3.0	23
GUY	STEPHENSON	00:22:59.0	00:22:40.0	-19.0	22
PAUL	KEIGHLEY	00:20:34.0	00:20:13.0	-21.0	21
JON	WOLFE	00:19:06.0	00:18:41.0	-25.0	20
PHILIP	PIPER	00:18:23.0	00:17:56.0	-27.0	19
PAUL	THOMAS	00:20:24.0	00:19:30.0	-54.0	18
LAWRENCE	YEOMANS	00:20:28.0	00:19:31.0	-57.0	17
CHRIS	COX	00:24:28.0	00:22:38.0	-110.0	16
STEVE	EATON	00:26:59.0	00:23:46.0	-193.0	15
DAVE	NASON	00:29:43.0	00:16:55.0	-767.9	14
JOHN	DOYLE	00:18:16.0	00:01:28.0	-1007.9	13
MATTHEW	BARTON	00:22:31.0	00:01:28.0	-1262.9	12
SARAH	BRYAN	00:29:26.0	00:01:28.0	-1677.8	11
DAMIEN		00:21:25.0	Guest Runners		
JOHN	DAWSON	00:31:11.0			