

## Diary of Events 2012 Season January Onwards

Date	Day	Event		
18th January	Wednesday	5k Time Trial		LRC
25 <sup>th</sup> January	Wednesday	1st of 6 Beginners sessions		LRC
5 <sup>th</sup> February	Sunday	Alsager 5m	2 <sup>nd</sup> GP Event	<a href="http://www.alsager5.co.uk">http://www.alsager5.co.uk</a>
26 <sup>th</sup> February	Sunday	Hopwas	Off Road series	
29 <sup>th</sup> February	Wednesday	5k Time Trial		LRC
11 <sup>th</sup> March	Sunday	Fradley 10K	3rd Grand Prix Event	<a href="http://www.kpevents.net">www.kpevents.net</a>
21 <sup>st</sup> March	Wednesday	5k Time Trial		
25 <sup>th</sup> March	Sunday	Stafford Half Marathon	4 <sup>th</sup> Grand Prix Event	<a href="http://www.staffordbc.gov.uk/halfmarathon">www.staffordbc.gov.uk/halfmarathon</a>
31 <sup>st</sup> March	Saturday	Sutton Park Road Relays		men's 12 stage and lady's 6 stage
18th April	Wednesday	5k Time Trial		LRC
22nd April	Sunday	London Marathon		
6th May	Sunday	Lichfield Half Marathon	5 <sup>th</sup> Grand Prix Event	<a href="http://www.kpevents.net">www.kpevents.net</a>
8th May TBC	Tuesday 7.30pm	Kingsbury Classic	Off Road series	<a href="http://www.cambaevents.co.uk">http://www.cambaevents.co.uk</a>
16 <sup>th</sup> May	Wednesday	5 mile Time Trial		LRC
17 <sup>th</sup> June	Sunday	Aldridge 10 K	6 <sup>th</sup> Grand Prix Event	<a href="http://www.aldriderunningclub.co.uk/arc10k.htm">http://www.aldriderunningclub.co.uk/arc10k.htm</a>
20th June	Wednesday	Shugborough Relays		
27th June	Wednesday	5 mile Time Trial		LRC
1 <sup>st</sup> July	Sunday	Tamworth Gate Gallop	Off Road series	<a href="http://www.gategallop.co.uk/">http://www.gategallop.co.uk/</a>
11 <sup>th</sup> July	Wednesday	Cannock Chase	Off Road series	LRC
14 <sup>th</sup> July tbc	Saturday	Cathedral Dash		
18 <sup>th</sup> July	Wednesday	5 mile Time Trial	7 <sup>th</sup> Grand Prix event	LRC
8 <sup>th</sup> August	Wednesday	Staffordshire Knot	Off Road series	<a href="http://staffordharriers.org">http://staffordharriers.org</a>
15 <sup>th</sup> August	Wednesday	5 mile Time Trial		LRC
9 <sup>th</sup> Sept	Sunday	Lichfield 10 K Road Race	Marshalling duties etc	LRC
19th Sept	Wednesday	5k Time Trial	8 <sup>th</sup> Grand Prix Event	LRC
22nd Sept	Saturday	Sutton Park Road relays		6 stage men's 4stage ladie's
23 <sup>rd</sup> Sept	Sunday	Hope Moors & Tors Fell Race	Off Road series	<a href="http://www.darkandwhite.co.uk/fellracing.asp">www.darkandwhite.co.uk/fellracing.asp</a>
7 <sup>th</sup> October TBC	Sunday	Merrill College & Shelton Striders 10k	9 <sup>th</sup> Grand Prix Event	<a href="http://www.sheltonstriders.co.uk">http://www.sheltonstriders.co.uk</a>
17th October	Wednesday	5k Time Trial		LRC
20 <sup>th</sup> October	Saturday	Undulator Fell race	Off Road series	Wirksworth 8.4 miles entry on day only
11th Nov TBC	Sunday	Flying Fox 10	10 <sup>th</sup> Grand Prix Event	<a href="http://www.stonemm.co.uk/">http://www.stonemm.co.uk/</a>
14 <sup>th</sup> Nov	Wednesday	5k Time Trial		LRC
18 <sup>th</sup> Nov tbc	Sunday	Wrekin Wrecker	Off Road series	<a href="http://www.fellrunner.org.uk/races.php?id=1797">http://www.fellrunner.org.uk/races.php?id=1797</a>
26 <sup>th</sup> November	Monday	AGM		King's Head Pub Upstairs room tbc